DO NOT take **short-acting** insulin if sugar is **below 70 or not eating**
DO NOT take **long-acting** insulin if sugar is **below 80**
CALL 911 and go to **ER,** if blood sugar is **below 50** or **above 500**

DIABETES FLOW SHEET

DATE	INSULIN						BLOOD GLUCOSE (mg/dl)				Comments
	Humalog | Novolog | Fiasp | Apidra | Admelog | NPH | Regular | 70/30 | Soliqua | Xultophy			**Lantus | Basaglar | Toujeo | Tresiba | NPH | 70/30**			**B E F O R E**				
	Break fast	**Lunch**	**Supper**	**Bedtime**			Breakfast	Lunch	Supper	Bedtime	